

**Girlz Club Update - June 2018**  
**THANK YOU FOR YOUR SUPPORT**

We are into our second term of Girlz Club, with on average 10-12 girls attending each week. As a result of your support we have been able to resource some engaging and exciting projects for the girls.

Our plans as written with our last report:

*“We would like to update the games available to the girls, to foster a greater sense of being together and having fun.*

*We also have some keen creative bods, and would like to resource some other arts materials, to give the young people an opportunity to express themselves through art and experiment with different mediums.”*

Examples of Needs of the group:

- Caring for a family member as a Young Carer
- Financial difficulties at home
- Struggling with friendships and a sense of identity
- Negative experiences of education
- Low self esteem

These needs are being supported through group work discussion, team activities and in particular through creative activities.

**YOUNG PEOPLES COMMENTS:**

*“You are never alone. There is always someone here to talk about your worries.  
You are never bored, there’s something to do every week.”*

*“You will make new friends and get along with girls who you might not know so well. If you get into an argument, you can cool down at Girlz Club.  
You are free to talk about any subject you like.”*

A few examples are detailed below of the activities that we have been able to resource with your help, along with the resources we have used.

**Examples of where the funding has benefited the girls in their learning and enjoyment of the club:**

*Creative skills and de-stress activities* – There has been a particular focus on craft activities this term. A number of the girls are now sharing more about their experiences at school, home and with friends, which they often discuss during an art activity. Some have expressed how being creative helps them to relax.

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**Examples of Items resourced:**

Art stamps and inks.  
Material boxes and fabric pens

Mask making  
Encouragement stickers for decoration

**How resources have been used:**

*All About Me Collages* – The girls have spent some time creating collage images that reflect their interests and likes/dislikes, using various arts materials. These has been shared between the group as a confidence building exercise.

*Treasure Box Making* – (photos attached to email)

As part of supporting the transition from Year 6 to Year 7, we are running a box making project over a series of weeks.

This is a time for the girls to sit together decorating their boxes and reflect on their experiences, as they say farewell to their current school and share their ideas, worries and hopes for their new school. The box can be used by the girls to collect special items from their old school and any new items ie: certificates from their new school.

**THANK YOU!!**

Thank you for the support you have given, it has made a significant difference in being able to offer a varied and great quality programme of activities for the girls. It has enriched their experience of Girlz Club.

Most notably, we feel great resources have enabled the girls to feel valued and experience something positive in their social time on a more meaningful level.